

Gridwork / Gymnastic Clinic
With Andrew Millin UKCC Level 3 Coach

## **Gridwork**

- Improves confidence
- Helps performance & suppleness
- Rhythm
- Balance
- Power
- Agility
- Technique

So many benefits for both horse and rider.

## **Juniors & Seniors**

- Groups from 70cm up to 1.20 plus
- Groups for Professional riders with young or produced horses.

You can make your own group of 3 riders, but please make it clear when entering. Please include height or horse/pony

Cost £35